



## LIP BLUSH PRE & POST CARE INSTRUCTIONS:

Lip tattooing can enhance the beauty of natural lip color, correct asymmetry, and add fullness and definition.

With the help of this treatment, it is possible to correct the fading color of lips that is always associated with aging.

Results are customized for every client, therefore, you can be sure to achieve the desired effect.

Bring in your favorite lipstick or a picture on the day of your appointment

### LIB BLUSH PRECARE

We can't wait to perfect that pout! Here's a list of things to help better prepare yourself for your Lip Blush appointment:

Do not book your Lip Blush appointment within days of a special event. You will require a few days of downtime following your initial appointment. Please review our [Aftercare](#) page for a detailed overview of the healing process.

Please refrain from all activities that may cause irritation of the skin or thinning of the blood prior to your appointment:

- Refrain from alcohol consumption 24 hours before receiving Lip Blush
- Refrain from sunbathing, microdermabrasion, dermaplaning, laser treatment, and chemical peels 7-10 days before receiving Lip Blush.
- Refrain from all medications that cause thinning of the blood including but not limited to: Aspirin, Advil, Aleve, Niacin, Fish Oil, Vitamin E, and Ibuprofen. Please consult your physician before stopping any medication.
- Refrain from consuming coffee and energy drinks the day of your appointment.

Clients who have experienced a cold sore in or around the mouth **MUST** take Valtrex at least 3 days prior and 3 days after receiving this treatment. Failure to follow these instructions can risk an outbreak that can affect the healing process.

If you are experiencing any blemishes, acne, or skin irritations leading up to your procedure please contact Perfect Frame. It is up to the discretion of our artists to decide whether or not they have a workable surface. Failure to communicate any of these may result in a cancellation or rescheduling of your appointment. All deposits are nonrefundable.

Lip fillers must be done 1 month prior to scheduling this service. Failure to disclose this information may result in a negative outcome.

## LIB BLUSH AFTERCARE

### **What to expect immediately following your Lip Blush procedure:**

*Intensified color and swelling are part of the initial stages of healing. Be patient. **Do not freak out!***

The intensity should regress within 3-4 days. The sensation can be comparable to that of a slight burn and minimal scabbing and/or flaking may take place. Refrain from removing the scabs/flakes as you may run the risk of removing pigment in the process - it's very important to keep the lips heavily hydrated. The true vibrancy of your cosmetic tattoo will fade about 30-40% from what you walked out with revealing a soft and natural blush tone.

### **5 THINGS TO REMEMBER WHILE THE LIP BLUSH IS HEALING:**

1. Avoid hot, spicy, and salty foods as it may cause added irritation
2. Avoid large bodies of water, direct sun exposure, teeth whitening, rubbing and smoking
3. Do not pick or scratch the lips as it may lead to a loss of pigment and/or scarring
4. Placing cosmetic products on unhealed lips is heavily discouraged
5. Texture is normal and is often experienced in the first few days of healing